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For Immediate Release

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**Cathy Rosebaugh Appointed To Board Of
The Center For Volunteer Caregiving In Cary**
NC Realtor Joins Volunteer Board

RALEIGH, N.C. – Cathy Rosebaugh, President of Alterna Home Solutions, has been named to the board of The Center for Volunteer Caregiving in Cary, an organization that provides volunteer support to elderly and disabled adults of Wake County. Rosebaugh has been an active member of the organization for years and was selected based on her extensive volunteerism and commitment to the seniors industry.

“I am pleased to be named as a board member for The Center for Volunteer Caregiving in Cary,” said Rosebaugh. “I am proud to be a part of a wonderful organization that is dedicated to helping people live independently.”

About Cathy Rosebaugh:

Cathy Rosebaugh, President of Alterna Home Solutions and Certified Senior Advisor (CSA), has nearly 20 years of experience in real estate and a lifetime of interest in assisting the post-career generation. She has worked as Marketing Director with Highwoods Properties and Regency Development Associates and created Alterna to provide a comprehensive real estate resource exclusively for those 55 and better. Rosebaugh is President of the Chapel Hill and Durham Eldercare Resources (CHADER) and a member of the Senior Resource Alliance of the Triangle and Health Affairs Round Table (HART). She is also on the Board of Directors of Second Chance Pet Adoptions and an active member of the Central Cary Rotary. More information is available at 919-522-4297 or www.AlternaHS.com

About The Center for Volunteer Caregiving:

The Center for Volunteer Caregiving is a private, nonprofit, interfaith organization whose mission is to provide volunteer support to elderly and disabled adults of Wake County to help maintain independence, dignity and quality of life. Founded in 1992, the Center provides volunteers for escorted door-to-door transportation, respite care and chore services that include light housekeeping, minor home repair and yard work. More information is available at 919-460-0567 or <http://volunteercaregiving.org/>.

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